



AARP CHAPTER #22 CHATTANOOGA



**Signal Centers | 5751 Uptain Road, 3rd Floor Community Room
Chattanooga, TN 37411**

AARP Chapter #22 Has a New Home!

As Tennessee's largest AARP chapter, Chapter #22 Chattanooga has outgrown its longtime meeting space. We appreciate the Erlanger Community Health Center for hosting our monthly meetings. However, we needed more room. Beginning Monday, October 12, 2026, AARP Chapter #22 will meet at Signal Centers, 5751 Uptain Road, in the 3rd Floor Community Room on the **Second Monday*** of the month (*Except July, August, or when otherwise noted.) Our meeting time is 11:00am - 1:00pm.

OUR OCTOBER 12TH SPEAKER WILL BE:

Laurel Rhyne, DNP, MEd, APRN, ACNP-BC,
Associate Lecturer with the School of
Nursing in the Gerontology Department at
the University of Tennessee - Chattanooga.



Contact Us: aarpchapter22chatt@gmail.com Gracelia Moore, Chapter President



www.aarpchattanooga.org



AARP Chapter #22 Chattanooga



AARP Chapters are separately incorporated affiliates of AARP



AARP Members To Watch!



Congratulations to our 2nd Vice President, **LaNetta Holland** for graduating from Crisis Intervention Team (CIT) training with the Chattanooga Police Department! Of the 23 graduates, she was given the honor to be the only civilian alongside 22 officers. Together, they are now trained to respond to mental health crises with deeper knowledge, vital resources, and the utmost respect for our community's most vulnerable citizens.

Upcoming Events:



- **"Coffee with a Cop"**, October 7, 2026, 9am- 11am. Maple Street Biscuit Company 2114 Gunbarrel Road, 37421. This event is free. Hosted by our chapter and AARP Tennessee.



- **"8th Annual Seniors Night Out"**, will be held Saturday, November 21, 2026, at the Chattanooga Convention Center, 1 Carter Plaza, Chattanooga, TN 37402. **SAVE THE DATE!**



- Check your **GroupMe** app often for announcements about other events.



Flu Season is here.

Get your
vaccines



FLU SEASON HAS BEGUN

Although you can get the flu anytime, flu season starts in October and can go as late as May. Ideally, you should have your flu vaccine by the end of October. But even if you miss that window, the CDC recommends vaccination through November and beyond. [Source: WebMd.com]



CHAPTER T-SHIRTS

Orders for chapter t-shirts are still being accepted. Please make your payment when ordering.



VOTE! VOTA!

The time to vote is near. Visit [GoVoteTN.gov](https://www.GoVoteTN.gov) to review your voter registration information. Please verify that your voting status is current and your polling place is correct.

Who We Are: AARP's purpose is to empower people to choose how they live as they age 50+. AARP works tirelessly to fulfill the vision of a society in which everyone lives their best life with dignity and purpose and can fulfill their goals and dreams.